

DARYEEL CAAFIMAAD



1 DHAKHTARKA QOYSKA/FARMASHIGA

Wixii degdeg ah, walaacyada halista yar ee caafimaadka

- Soo wac ama booqo dhakhtarka qoyskaaga (GP)
- Hel talobixinta iyo daaweyn xanuunada yar caadiga oo farmashiistaha bulshadaada
- Sida ugu dhaqsaha badan marka aad uuraysato, iska diiwaangeli umulisada

2 SHILKA IYO RUGTA CAAFIMAADKA (RUGTA DARYEELKA DEGDEGA)

Wixii degdeg, walaacyada caafimaadka halista yar markii aadan arki karin dhaqtarka qoyskaaga ama saacado kadib

- Soo wac dhaqtarka qoyskaaga si aad u heshid Rugtaada Shilka iyo Caafimaadka (Rugta Daryeelka Degdega)

3 WAAXDA GURMADKA ISBITAALKA

Si dhab ah aan u wanaagsaneyn oo u baahan daryeelka degdega

- Aad Waaxda Gurmada Isbitaalka ama soo wac 111

Ma u baahan tahay 24/7 Taleefonka talo bixinta caafimaadka ee kalkaalisoooyinka diiwaan gashan oo lacag la'aan ah

0800 611 116

Si aad u heshid dhakhtarka qoyskaaga kuugu dhow, farmashiga ama Shilka iyo Rugta Caafimaadka (Rugta Daryeelka Degdega) ama umulisada, booqo www.healthpoint.co.nz.

www.arphs.health.nz/covid-19-information-for-our-communities

Free health advice
when you need it
Healthline
0800 611 116
www.healthline.govt.nz

health point
INFORMATION
PHARMACY

Te Whatu Ora
Health New Zealand

www.yourlocaldoctor.co.nz