

# HEALTHCARE



## **1** FAMILY DOCTOR/PHARMACY/MIDWIFE

For urgent, less serious health concerns

- Call or visit your family doctor (GP)
- Get advice and treatment for common minor illness from your community pharmacist
- As soon as you're pregnant, register with a midwife

## **2** ACCIDENT & MEDICAL CLINIC (URGENT CARE CLINIC)

For urgent, less serious health concerns when you can't see your family doctor or after hours

- Call your family doctor to find your closest Accident & Medical Clinic (Urgent Care Clinic)

## **3** HOSPITAL EMERGENCY DEPARTMENT

Seriously unwell and need emergency care

- Go to the hospital Emergency Department or call 111

Need free 24/7 telephone health advice from trained registered nurses?  
Phone 0800 611 116

Free health advice when you need it  
**Healthline**  
0800 611 116  
www.healthline.govt.nz

To find your nearest family doctor, pharmacy, Urgent Care Clinic or midwife visit

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)  
[www.yourlocaldoctor.co.nz](http://www.yourlocaldoctor.co.nz)



**Te Whatu Ora**  
Health New Zealand

# Your local doctor

## Have you enrolled with your local family doctor (GP)?

### WHO CAN ENROL?

- You need to be eligible for publicly funded health services in New Zealand and entitled to enrol
- For eligibility visit [www.health.govt.nz/eligibility](http://www.health.govt.nz/eligibility).

### WHY SHOULD I ENROL?

Benefits may include:

- cheaper fees when you see your local family doctor (GP)
- pay only \$5 for each subsidised prescription item
- access to free interpreter services, if required
- reminders for checks, immunisations and other additional services.

### WHAT IF I DON'T WANT TO ENROL?

- Enrolment is completely voluntary
- If you choose not to enrol, you will be charged higher fees for your doctor visits.

### HOW DO I ENROL?

- To enrol, simply contact your local family doctor (GP)
- Visit [www.yourlocaldoctor.co.nz](http://www.yourlocaldoctor.co.nz) or [www.healthpoint.co.nz](http://www.healthpoint.co.nz) for a full list of family doctors (GPs) available in your area.

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For more information  
[www.yourlocaldoctor.co.nz](http://www.yourlocaldoctor.co.nz)

